



## Meditation According to Jeremiah 1

1. Read the Subtitles.
2. Read the Subtitles and the left side.
3. Read the Subtitles and the right side.
4. Read the Subtitles and across the page

understanding  
when I direct you

Get

the excellent advice I give  
to wisdom

To the attentive  
In the beginning  
This is wisdom

Wisdom

is to receive my words  
at the cost of all you have  
to safeguard yourself

Wisdom bring honors  
As a graceful diadem  
shining

My son

embrace her  
to your head  
in brilliance

walk  
or run  
but survey the path

now

your step is not impeded  
and you will not stumble  
looking straight ahead.