

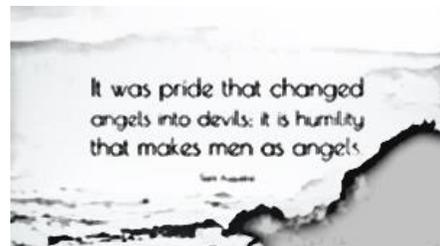
prayer for Humility

Father, I seek to clothe myself in humility ¹ and take on the attitude of Your Son Jesus ² who humbled himself, accepting even death on the cross. ³ I know that now that I have made up my mind to acquire understanding and humble myself before You, my prayer will be heard. ⁴ I have nothing in which to glory and I know that I am even weaker than I can comprehend. I attribute nothing of good to myself. Help me to cast away all pride of heart as I place myself in Your hands.

Your grace is precious, Lord, and Your Holy Spirit brings it to the person of humble heart. Your power and majesty are great, Lord, and yet if you help me to be humble I can better glorify You. ⁵ Your hand is mighty, Lord, and I humbly bow under it so that in due time I can be lifted up. ⁶ The more humble of heart I am, the more submissive I can be to Your will. Take the yoke of Jesus and place it upon my shoulders as I want to learn from Him for He is gentle and humble of heart. ⁷ Help me to watch in prayer for His coming so that the door to my heart will always be open.

The thought of truly humbling myself frightens me because I don't see all the changes it will demand. But yet I know that loyal humility is Your delight, ⁸ brings Your kindness, ⁹ saves me, ¹⁰ brings me wisdom, ¹¹ and will even allow me to bless You. ¹²

Father, You help me to have self-esteem with my humility ¹³ as I am made in Your image. ¹⁴ Make me a true and humble disciple that I may act according to Your grace and readily accept the good I find in others. In turn, my humble attitude will pacify others more easily, even those who might be angry with me. With a contrite heart and humble spirit I offer You this prayer. ¹⁵ Amen.



1. Zeph 2:3
5. Sirach 3:19
9. 1 Peter 5:5
13. Sirach 10:27

2. Phil 2:5
6. 1 Peter 5:6
10. Job 22:29
14. Gen 1:26

3. Phil 2:8
7. Matthew 11:29
11. Proverbs 11:2 12. Daniel 3:87
15. Daniel 3:39

4. Daniel 10:12
8. Sirach 1:24