

May 29, 2016

Most Holy Body and Blood of Christ

The Lord feeds us with the finest wheat!

Genesis 14:18-20

Psalms 110:1-4

1 Corinthians 11:23-26

Luke 9:11b-17

Melchizedek, King of Salem, blessed Abram as he brought out bread and wine and prayed to God Most High: "Blessed be Abram by God Most High, the creator of heaven and earth; and blessed be God Most High, who delivered your foes into your hand."

The psalmist recalls the special priesthood according to the order of Melchizedek who celebrated with bread and wine. This implies a scepter of power and princely power at birth.

Paul speaks to the brothers and sisters in Corinth and teaches them of what he has learned about the Lord Jesus. It was on the night he was handed over that he took bread, broke it, and said, "This is my body that is for you. Do this in remembrance of me." He then took the cup, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." In this way the death of the Lord is proclaimed until he comes again.

Jesus preached of the kingdom of God and healed the many that were ill. The crowd was told to recline in groups as five loaves and two fish were blessed by Jesus and handed out. They all ate and were satisfied and yet there was much left over.

**The Father is the timeless One,
And feeds us with the body and blood of his only-begotten Son.
The Holy Spirit leads us to this heavenly nourishment.**

The Words of Jesus are Spirit and Life:

We are fed and nourished by our communion with Christ in the Eucharist. When the sacred body and blood is received our souls are filled with grace reminding us of the pledge of future life and glory. Our prayer is to become one with the Lord and experience the joy of his kingdom. Let us give thanks and praise to the Lord our God for this wonderful mystery.

"Come to me, all you who labor and are burdened, and I will give you rest. (Matt 11:28)
I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world.(John 6:51)

While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, "Take and eat; this is my body.(Matt 26:26)

...after he had given thanks, broke it and said, "This is my body that is for you.

Do this in remembrance of me. (1Cor 11:24)

Whoever eats my flesh and drinks my blood remains in me and I in him. (John 6:56)



Our words at communion time seek Spirit and Life:

**Lord, I am not worthy that you should enter under my roof,
but only say the word and I shall be healed.**

(Note that the words to be healed have a broader meaning than just physical healing, and imply salvation.)

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